

**MIKE FOSTER**  
**Hand Wrist and Elbow Surgeon**  
**Synovectomy of Joint**

**Problem**

- The joint is inflamed, causing pain and restriction of motion

**Cause**

- Inflammation of the lining of the joint, can either be caused by infection, foreign body or an inflammatory process such as gout or rheumatoid arthritis.

**Diagnosis**

- There is a swollen joint usually with the lack of full range of motion.
- Ultrasound and x-ray will help confirm the diagnosis

**Treatment**

- Some inflammations will settle with anti-inflammatories or steroids. If there is persisting inflammation, or foreign material then a synovectomy of the joint is recommended.
- Surgery involves approaching the relevant joint, protecting the tendons and ligaments, removing the inflamed synovium.

**Potential Complications**

- Infection
- Stiffness of the joint
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**Post Op Care**

- Light Dressings and hand therapy to regain full range of motion

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